

Kashmiri Shilajit







WHAT IT IS?

Kashmiri Shilajit: Pure Himalayan Shilajit is a blackishbrown tar-like substance which is extracted from the mountain ranges of the Himalayas your superfood of all times. It is one of the most potent rejuvenating anti-aging blockbusters that mankind has ever known. Pure Himalayan Shilajit is attributed as having magical properties when it comes to overall healthcare. Let's get to know everything about this magical black herb.

SHILAJIT: NATURE'S HEALTH BOOSTER

Pure Kashmiri Shilajit is originated from the plant life in the Himalayas. Shilajit is a sticky, tar-like resin substance that oozes out of cracks in the Himalayan mountains in the summer as the temperature is raised in the rock by the summer heat. It is formed over centuries by the decomposition of plants and the activity of unique micro-organisms. Shilajit is considerd as a millenary product of nature.

BENEFITS



Immunity Booster:

Shilajit may help the body fight off infections & illnesses.



Antioxidants:

That Help Keep the Active free Radicals In the Blood From Doing Damage.



Nutrient Absorption:

Shilajit improves the body's ability to absorb nutrients of food.



Blood Pressure Regulation:

Improve Blood Circulation & cardiovascular health.



Anti inflammatory:

Shilajit has anti-inflammatory properties, helps reduce inflammation



Anti Anging:

Shilajit's antioxidant properties help to maintain youthful vitality.



Energy Boost:

Shilaiit is believed to enhance energy levels and stamina.



Stress Relief:

Shilajit is considered as adaptogen, helping the body adapt to stress.

HOW TO USE





amount (300-500 mg) of kashmiri Shilaiit.





water/milk/ green tea.





Consume it twice a day after meal for maximum health henefits



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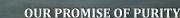












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