

Al Basir
Ultimate  Kashmir Arts

Kashmiri Walnuts



WHAT IT IS?

Kashmiri Walnuts : Kashmiri Walnuts, nature's nutritional powerhouse, are renowned for their exceptional flavour & remarkable health benefits. Nestled within their hard shells lie kernels packed with nutrients. Adding Walnuts into your diet can support heart health, brain function, weight management & overall well-being. With each crunchy bite, Walnuts impart a burst of nutty goodness, reminding us of the bountiful gifts of nature.

From Orchard to Table: Journey Of Walnuts

The meticulous processing of Kashmiri Walnuts begin with hand-harvesting from trees. After removing the green husk, artisans crack the shells with precision tools to preserve the kernels. Thorough cleaning follows to remove impurities. Then Walnuts are left to dry naturally in the sun, enhancing their flavor & preserving their nutritional value.



OUR PROMISE OF PURITY

**100%
ORGANIC**

**FREE FROM
GMO**

**NO ADDED
PRESERVATIVES**

**FREE FROM
PESTICIDES**

BENEFITS



Bone Health:

Walnuts contain calcium & magnesium which support bone health.



Antioxidant Powerhouse:

Walnuts Contain antioxidants to combat stress.



Improves Digestive Health:

Their high fiber content aids digestion.



Anti inflammatory:

Walnuts Help Reduce inflammation in the body.



Better Sleep:

Walnuts Contain Melatonin which Helps Improve Sleep.



Brain Health:

Omega-3 fatty acids & antioxidants in Walnuts support brain functions.



Rich In Nutrients:

Walnuts provide a nutrient boost to support overall health.



Heart Health:

Rich in omega-3 fatty acids, Walnuts help reduce bad cholesterol levels.

HOW TO USE



Snacking:

Enjoy Walnuts straight out of the bag as a quick nutritious snack.



Culinary:

Use Walnuts into variety of dishes e.g. salads, pasta etc.



Toppings:

Use as toppings in yogurt, oatmeal etc.



Dietary

Supplements: Crushed walnuts can be added to smoothies, shakes, or energy bars.

OUR DIVERSE SELECTION



Blue Tea



Kahwa Powder



Masala Tikki



Saffron



Shahi Kahwa



Shilajit



Almonds



Kashmiri Honey



Certificate Number:
12123999000118



Certificate Number:
UDYAM-PB-20-0042759



कमिश्न एंव
उद्योग मंत्रालय
MINISTRY OF
COMMERCE
AND INDUSTRY
Certificate Number:
2214004718



Certificate Number:
Reg No. 3111/77



Certificate Number:
305023031650Q

A Quality Product By



ALBASIR INDUSTRIES PVT. LTD.

+91 9463 777 888 info@albasir.in www.albasir.in

shop.albasir.in Follow us:    